# The Covenanter

JUNE-JULY 2019

# Cape Cod



## Covenant Church

Mission Statement

By the grace of God, we strive to be a welcoming community of Christ's disciples; committed to sharing His love, maturing in faith and growing His church on Cape Cod and throughout the world.



Smell the sea, and feel the sky. Let your soul and spirit fly."

-Van Morrison, Into The Mystic

In talking with a friend the other day, they shared with me just how much they were looking forward to this summer. This past school year has been a long and trying one for them, with challenges at work, in relationships and physical health. My friend is feeling drained on a multitude of levels. "I just want summer to get here, so I can step back a bit from all of this, and take the deep breath my body and spirit needs."

How blessed we are here on Cape Cod to live in a place of such amazing and breathtaking beauty! We know well the power and the tranquility of the sea, the mesmerizing rhythm of the waves, the peaceful stillness of the sunrise and the majestic artistry of the sunset. Here is a place, where one's soul and spirit can fly. But too often our lives are in such a constant state of motion, to the point where we miss and have no time to appreciate the beauty of God's creation around us. We're too busy to listen to the rhythm of those waves; too "on the go" to notice and experience the peace and majesty of the sunrise or sunset. We miss the opportunity that our souls and spirits crave.

As you enter into this new season, and the change of pace it brings, breathe deeply, open your eyes and ears wide; be still. Let God's creation speak. Let it heal and refresh.

Smell the sea. Feel the sky. Let your soul and spirit fly.

#### **Please Note:** Due date to submit:

# 2nd Monday of the month (for the following month)

(or earlier if possible). Please be as brief as possible.

To submit your article, please send it by email to:

capecovenantchurch@comcast.net and sepatti@comcast.net

If you do not have email, please **type** your submission and leave it in the office.

#### **Another request for all:**

Please do not post things on bulletin boards or put notices in the Narthex without checking in the office first. Thank you.



### SATURDAY, June 22, 5:30-7:30 pm **Hot Dogs and S'mores!**

You're invited to a casual evening at the Shea's, 38 Captain Percival Rd. South Yarmouth, to enjoy hot dogs, s'mores and fellowship and to help raise money for Soaring Wings Ministries. Please bring a lawn chair or blanket. Meredith Peters and family will be at the gathering to share an update on Soaring Wings. Please RSVP to Caitlin Shea by June 20th.

#### WEDNESDAY July 3, 7 pm **Patriotic Sing-along**

Plan to join us for a fun evening of song and story about this great country of ours. And don't forget to stay for the root beer floats!!

#### WEDNESDAY August 21, 7 pm **Brown Hymnal Society Sing-along with Bob Dvorak!**

Anyone who has come to one of these evenings knows we are all in for a treat. We enjoy some of the great hymns and songs that we all remember, and are treated to Bob's own, special brand of humor, plus ice cream sundaes. Join us.

## **CHURCH ANNUAL MEETING**

Please watch your bulletin announcement page for the date. This is an important meeting, so plan to join your fellow members after church to discuss plans for our church and to vote on new Council members. We value your input.



#### **SUMMER WORSHIP**

June 2nd is Children's Sunday. We look forward to a special time of worship led by the youth of our church. This date is also the last week of Sunday School before summer and also our **church picnic day!** Please bring a side dish and a dessert to share. Hot dogs, hamburgers and drinks will be provided. Come and enjoy fellowship, good food, and bring your bathing suit for the inflatable slide!

June 9th starts our summer worship, which begins at 9:30 am. While there is no Sunday School, nursery and child care will be provided for children through Grade 5.

#### SUNDAY MORNING **COFFEE HOUR SUPPORT!**

**June: Christian Formation Commission** 

Chair: Annie Poirier, 508-269-9514

July: Council

Chair: Mike Coute, 508-398-5275

August: Choir

Evelyn Smith, 339-793-0549

Please coordinate with these commissions if you plan to bring in any food so that there isn't an overlap of effort.

For any food you bring to events, please remember to label any food that contains nuts, soy, or other possible allergens so that people can enjoy coffee hours and other fellowship times safely. Thank you!



The Tuesday Morning Bible Study has begun a study of Ecclesiastes. Our last meeting before a summer break will be Tuesday, June 18th at 10 am.

The Wednesday Evening Group will have its final study on Wednesday evening, June 5th at 7 pm. On June 12th we will meet at 6 pm for our annual potluck before our Summer break.

For information on the Ladies Book groups on Wednesday evenings and Saturday mornings, please keep an eye on the weekly bulletin announcement page for any plans.

#### COMPUTER THURSDAY

There will NOT be any computer
Thursdays through the summer. Our computer expert, Tom Donahue, will be able to take a breather and enjoy family and some fresh air—at least we hope he does!

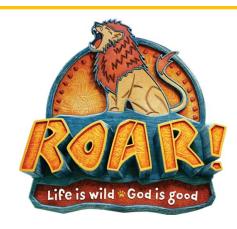


Come enjoy yoga with Alice Boyle on Saturdays at 10 am. In June, we will meet every Saturday, except the 15th. We'll then take a break for the rest of the summer.

#### **Blood Pressure Screenings**



Blood pressure screenings will once again be held on the second Sunday of each month following worship service. If you would like to have your blood pressure checked occasionally or every month, please see one of our nurses in the Library after church.



Once again we will be teaming up with Brewster Baptist Church for a great Vacation Bible School time in August.

- **Date**: Monday-Friday, August 12–16 from 9am–12 pm each day
- It is \$5 to register children to attend (max \$20 a family
- For Preschool: ages 3-5
- **For Elementary**: Children who have COMPLETED Grade K Grade 5
- Where: Brewster Baptist Church
- What: "ROAR: Life is Wild, God is Good" from Group Publishing

We have limited space and it is first come, first served.

Register to serve as a Volunteer, or to attend!

https://brewsterbaptistchurch.org/kids-students/vacation-bible-school/

#### Al Lumbard

New email: lumbard@me.com





# Current Prayer Concerns

#### June-July concerns

Isa Abele (friend of Kristine Strand) Progression of cancer, Hospice care
Dottie Gaumont (Debby Barbo's mother) Recent cancer diagnosis
Family and friends of Barbara Bianco who passed away in May
Jeannie Botsivales and family on the recent passing of her mother, Lillian Lynch
Ida Boucher (friend and neighbor of the Eyman's) Recovering from a fall
Jimmy Bundy (grandson of Jim and Kate Bundy) Heart valve surgery on May 30th
Barbara Burnett and family on the recent passing of her sister, Jeanne Sacra Moxley
Joseph Cisek (Rae Fenton's son-in-law) Dana Farber, recent diagnosis of lung and brain
cancer

Joan Coleman (Beth Roberts' mother) Ongoing health concerns

Thelma Hartmann Health concerns

Susan Horner (friend of Kristine Strand) Beginning intensive radiation treatments for a brain tumor

Indiana Kirwan (friend of Jimmy Roberts) Pancreatic cancer

Anna Martin's good friend, critically ill with Non-Hodgkins Lymphoma, MGH Astrid Mogstad, Norway (friend of Steve and Betsy Anderson) Diagnosed with Stage IV lung cancer

Rex Morgan (Paul Hirsch's brother-in-law) following a heart attack

Mimi Mutty (Nancy Mutty's sister-in-law) Stomach cancer

Todd Peters Recovering from pneumonia at home

Bill Potter Recovering from surgery

Virgie Wakefield and family at the passing of Bob Wakefield on Good Friday

#### Recent health concerns and undergoing treatment

Elsie Agurkis Health concerns

Edward Lavoie Home after a year-long discipleship program with Teen Challenge in New York

Joyce Nickerson Ongoing health concerns, Wingate at Harwich Alan Woodstock (friend of Sara Pattie) Treatments for Bile Duct cancer

# Please remember in prayer those who have ongoing health concerns



Rachel Ash and Erin Pember
(nieces of Bonnie and Stuart
Eyman) Multiple Sclerosis
Christopher Baker
Ardis Bardh

Bunny Haas
Fran Hedlund
Pauline Nelson
Donna Jean W
Nina Wikman

Bob DuBois

Kay Endris

Bunny Haas
Fran Hedlund
Pauline Nelson
Donna Jean Wassell (Lynn Read's cousin)
Nina Wikman (friend of Lynn Read and
her sister, Nancy Russo)

Blake Watson



#### How You Can Support Pilgrim Pines!

If you shop on-line

through Amazon, please sign up for Amazon Smiles and choose Pilgrim Pines as your charity. Amazon Smiles is a non-profit arm of Amazon in which 0.5% of all purchase prices are donated to the charity of your choice. So you can shop like normal and support Pilgrim Pines in the process! A win-win!



Also, see the information area for Pilgrim Pines on the bulletin board in Fellowship Hall.
There are all sorts of brochures on Family Camp, Camp Squanto, as well as Retreats, Road Scholar programs and various workshops.
It's a beautiful place to enjoy fellowship and grow closer to God.













#### **MERCHANDISE CARDS**

Merchandise Cards to support the homeless on Cape Cod are on sale after church on the 2nd and 4th Sundays each month.

There are several denominations available from different merchants, such as Stop and Shop, Shaws, CVS, etc. You can also order cards from other merchants like Speedway, Hearth and Kettle, Dairy Queen, Subway, Wendy's, Walgreen, Bath and Body Works, Starbucks, Rite Aid, D'Angelos, Dominos, Papa Gino's and others.

THANK YOU!



#### HANDS OF HOPE FOOD PANTRY

On the first Sunday of each month we place the Hands of Hope Food Pantry box at the front of the church for your donations. You may bring donations at any time, but this will help remind us each month to remember the food pantry when we are grocery shopping.

#### The following items are greatly needed:

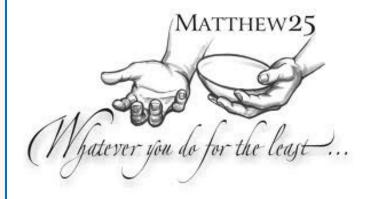
Tea or coffee; Jam/jelly (peanut butter is provided by the State); Pancake mix and syrup; Pineapple or mixed fruit; Granola bars; Baked beans; Spaghetti sauce; Crackers; Ketchup and Mayonnaise; Cereals; Corn muffin mix; Pudding or jello. And they are always in need of juice!

The Cape Cod Council of Churches is very grateful for all donations. Thank you!

We would also like to thank Bill and Margaret Potter for delivering all the food to the Pantry each month for so many years. They have decided to turn over the task to Darcy Forrest.

Thanks!!!







# June Mission of the Month INDEPENDENCE HOUSE, Inc.

Locations: Hyannis, Falmouth, Orleans, and Provincetown

For 40 years Independence House has provided free and confidential services and programs for children, teens, adults and elderly who are survivors of, or impacted by domestic or sexual violence. Programs include individual counseling, rape crisis, advocacy and support

at local hospitals and police departments as well as probate and district courts. While providing emergency residence for people in immediate crisis, Independence House also offers stable housing and supportive services for families affected by domestic violence who are not in immediate crisis. Support for anyone affected by homicide, including vehicular homicide is also a service of Independence House.

In addition to all of these services, Independence House is committed to the prevention of domestic and sexual violence through training and workshops to increase knowledge in the community. We are proud to support such an important and needed service in the community through our June Mission of the Month.



# July Mission of the Month NEW ENGLAND SEAFARERS MISSION (NESM)

The New England Seafarer's Mission was established in the 1880s by the Covenant Church to service the many Swedish ships coming into Harbor. Today NESM serves seafarers from all over the world. The NESM chaplains and volunteers minister to more than 40,000 seafarers on over 700 ships from over 100 countries each year. Most of the seafarers come from developing countries and leave their families for 6-12 month tours of duty. They face loneliness and boredom. In some cases, they work on unsafe ships, live in subhuman conditions, or are unpaid for months at a time. NESM serves the crews of industrial ships as well as cruise ships in Boston, Providence, Narragansett Bay, Portsmouth and Portland.

Often the ships are in port for just a few hours and the crew must find a way to address their personal needs under extreme time pressure. The stress of this can be tremendous. In the name of Jesus Christ, NESM offers the following five core ministries:

- 1. Reliable ways to contact home
- 2. Trustworthy ways to send home wages
- 3. Christian witness and support
- 4. A General Store that supplies basic needed products that seafarers are unable to get on board ship. The store also has small gifts to send home
- 5. Advocacy for seafarers who are experiencing injustice at the hand of foreign corporations who view them as assets with a short shelf life

As one Indian Officer said to Steve Cushing (the executive director and senior Chaplain in Boston) "Always pray for us, sir. Without the Seafarer's Mission we would be lost". NESM is supported in large part by donations from individuals and congregations in New England. It is also supported by the many volunteers who give of their time and energy. Volunteers are trained to work in the store as well as helping seafarers send money home or call home. It is one of the few foreign missions that can get you home in time for supper. When one seafarer heard of the many people who volunteer and give generously to the Mission he said, "Please tell those people that we appreciate everything they do for us. It is a great comfort to know that we are so cared for. We feel God's presence." Rev. Steve Cushing will be speaking during the service on July 14. Our church is providing the volunteers at the Mission on September 28. Look for sign-up sheet in August.



Dear Friends at Cape Cod Covenant Church,

Thank you for your special gift in memory of your faithful congregation member, Doreen Espeseth. Your gifts to support Covenant World Relief's partnership with the Wayuu community in Colombia will be used to help transform lives through providing clean drinking water access for families, the raising of goats for food security and income, and encouraging the spiritual and holistic development of the youth - the next generation of leaders. Thank you for your love, care, gifts and prayers for the Wayuu community. We give thanks to God for your partnership.

God's Blessings,

Catherine Werner, Manager of Covenant World Relief

Dear Church family,
Many thanks to all of you for your cards,
prayers and kind words following the death
of my mother in March. Both Jim and I are so
appreciative for the support that surrounds us in our
new church family!

Blessings to all,

Kate Bundy





A Baby Center has sent a thank-you for the "kind and generous donation of diapers and wipes!" These gifts help the center to carry out its mission to serve the most fragile in our community. ABC currently serves over 500 babies a month. In addition to providing families with an atmosphere of comfort and support, the ABC staff and volunteers strive to create caring relationships with these families as they navigate the hazards of raising a family in poverty.

The Baby Center in Hyannis is still in need of baby wipes, as well as pull-up diapers 2/3T and 3/4T. Any donations are gratefully appreciated and can be placed in the container in the Narthex coat room.

Thank you!!

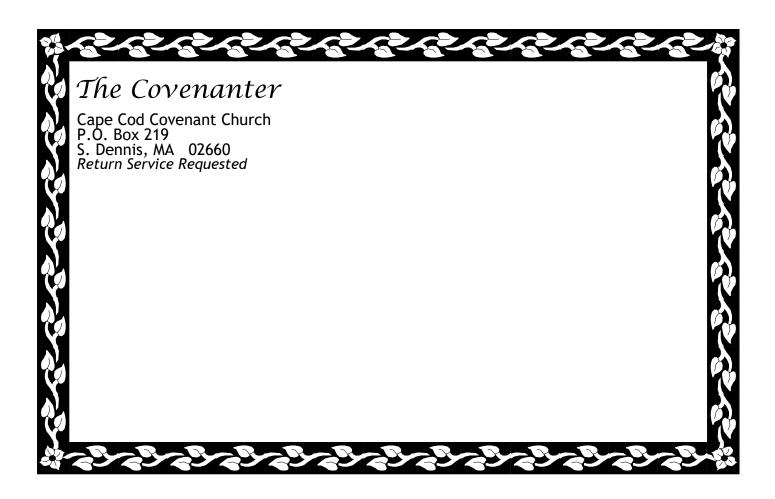
#### THANK YOU! GOLF 'FORE' HOT MEALS CLASSIC



The tournament was held on Monday, May 13th at Dennis Pines Golf Course. A great time was had by all who participated, and those who cheered them on! The final amount we raised after expenses was nearly \$12,000.

AWESOME!

There are so many people and groups to thank, but Mike and Ursula Coute are at the top of the list. They make quite a team, and inspire us all. We also want to thank all the people and companies that donated items for the raffle, the tee signs and hole donations, as well as all the golfers who helped make the day such a success. Get ready for next year!!







""O give thanks to the Lord, call on his name; make known his deeds among the peoples! Sing to him, sing praises to him; tell of all his wonderful works! Glory in his holy name; let the hearts of those who seek the Lord rejoice! Seek the Lord and his strength; seek his presence continually!" Psalm 105:1-4

June 2nd WORSHIP SERVICE: 10:30am

SUMMER WORSHIP starts June 9th. 9:30am NURSERY CARE through Grade 5 ONLY through the summer We look forward to seeing you

NURSERY CARE
Provided during worship throughout the year

We look forward to seeing you!

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